

Steps To Freedom 16 - Spirits Of Anger and Rage

Another significant area we must address in order to obtain lasting freedom in is the Spirit of Anger and Rage.

Here is a link to a 20 minute Video of Bruce praying for you and with you to get free of these evil spirits. <https://youtu.be/xgmV82B9TK8>. We recommend that you take time and watch it.

This is another link to Bruce's 1 hour teaching on Deliverance from Fear for further study. https://youtu.be/WaiZ4goD_Xw

Defeating the Spirit of Anger

Do you ever find yourself walking in regret when it comes to reacting in anger? If so, let's take a journey and discuss how to recognize the spirit of anger within yourself and break free from the destructive behavior it leaves in its wake.

*"He who is slow to anger is better than the mighty, and **he who rules his spirit** than he who takes a city."*—Proverbs 16:32 (emphasis added)

Once it is recognized, you can learn how to break free from the destructive spirit of anger and replace it with the authority of God's Holy Spirit.

Identifying the Spirit of Anger

Anger begins in the soul. There is a constant dialogue happening in your soul, and you must be able to recognize who is speaking.

Ultimately, the spirit of anger is an assignment from the enemy to throw confusion into your life and rob you of the peace of God. But you can defeat it through the blood of the Lamb and the word of your testimony.

How to Tell When You Are Giving the Spirit of Anger Authority in Your Life...

Do your thoughts align with God's Word?

The best way to realize that you are allowing the spirit of anger to have authority in your life is to be familiar with God's Word. From there, you can see if your thoughts and actions align with His truth.

*"So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; **for the wrath of man does not produce the righteousness of God.**"—James 1:19-20 (emphasis added)*

All too often, however, Believers mistake familiarity with God's Word for a relationship with Messiah. Instead, we should seek to **become** more and more like Christ. This means to adopt His ways and His thoughts.

"He who says he abides in Him ought himself also to walk just as He walked."—1 John 2:6

The Correct Response When Dealing with the Spirit of Anger

If you notice that the spirit of anger has a stronghold in your life, there is good news... it doesn't have to anymore! Through the blood of the Lamb and the gift of His Spirit, you can overcome the spirit of anger.

The first thing to remember after you have reacted in anger is to seek forgiveness. Ask the Lord and the one with whom you reacted in anger, for forgiveness. By asking for forgiveness, you are no longer agreeing with the spirit of anger, but aligning with the Spirit of God.

That spirit of anger can go and go forever.

If you can do the following:

- Love people
- Forgive people quickly
- Uproot the root of bitterness
- Stop focusing your mind so much on the person's mistakes
- Take away pride and nagging spirit from you
- Be happy to associate yourself with people
- Read the word of God
- Get rid of hatred and wickedness
- Apologize on time when you are wrong
- Don't judge people
- If you are seriously at a loggerhead with your wife, kindly stay away from her for some hours
- Kill the quest for vengeance

Three Truths to Remember When Dealing with the Spirit of Anger...

1. It is not a person or group of people that is causing your anger. Anger is stirred up by a supernatural principality that is working to discredit you. This spirit will push you to lose your temper and behave according to the flesh rather than the Spirit. The spirit of anger never brings a sense of peace.

2. The deep roots of your anger may go back for several generations in your family line. You must combat those deep-rooted lies with God's truth. The spirit of anger grows more destructive with time, and unless it is defeated, it will wreak havoc for future generations in your family line.
3. When you feel the spirit of anger rising, take that moment to pause. Excuse yourself and walk away from the situation or count to ten. Use that break to call on the Holy Spirit for direction. Decide to fight the temptation of coming into agreement with the spirit of anger. Grace will never cross the bridge of anger.

Defeat the Spirit of Anger through the Power of the Spoken Word

You must understand that your words have power! The words you speak will affect the atmosphere around you, whether it be for good or bad. Remember, things multiply according to their kind, so speak words of life and peace if you want life and peace.

"Death and life are in the power of the tongue, and those who love it will eat its fruit."—Proverbs 18:21

Believers will be held accountable for every word they speak. Your words are your choice, a choice that impacts your walk in the fullness of your salvation. Choose to speak love!

A Prayer to Defeat the Spirit of Anger

"Father God, I confess that I have allowed myself to be consumed by the spirit of anger. As a result, Your blessings and truth have been blocked.

I recognize that the spirit of anger walks hand in hand with the spirit of unforgiveness.

In order to walk in the freedom of Your forgiveness, I must be willing to forgive others.

Thank you, Lord, for the victory that I carry within me through Your gift of the Holy Spirit.

Holy Spirit, I ask for direction and conviction as it pertains to the spirit of anger operating in my life.

*Reveal to me the people that have been hurt by my anger and my words.
Allow me the strength and humility to ask for forgiveness from them.*

*Lord, I praise You that Your mercies are new each and every day. I ask for
Your guidance as I continue to walk through this challenge.*

*I declare victory over the spirit of anger in the mighty name of Jesus Christ.
Amen."*

Thank you Jesus for who you are. Thank you Jesus for loving me.

More Prayers:

Dear, Lord Jesus please forgive me of all my sins so I can pray with a clean heart, and I forgive everyone who hurt me and I bless them in Jesus name amen.

Anger!! Death!! Destruction!! Leviathan Spirit! I Renounce You!!

I come out of agreement with you now and forever you have no authority over me I am free from you in Jesus strong name amen.

Spirit of anger!! I rebuke you!! I will not Fear. fear is not of faith I have GREAT FAITH , and you will obey me.

GO!! To the pit now in Jesus name spirit of Anger!!

All unclean spirits working with

- Ahab,
- Anger,
- Animosity,
- Argumentation,
- Arrogance,
- Bitterness,
- Blaming,
- Control,
- Critical,
- Cruelty,
- Enmity,
- Foolishness
- Frustration,
- Hatred,
- Hostility,
- Impatience,
- Indignation,
- Jealousy,
- Jezebel,
- Murder,
- Outrage,
- Perfectionism,
- Pride,
- Rage,
- Rejection,
- Resentment,
- Retaliation,
- Revenge,
- Selfishness,
- Spite,

- Strife,
- Stubbornness
- Suspicion,
- Temper,
- Unforgiveness,
- Violence,
- Wrath,

I Command you to come out of me now in Jesus name I REBUKE YOU !!!

Go from me NOW to THE PIT in Jesus name!

You no longer have a place in me. Anger and his helpers will leave me Now!!
In Jesus name amen.

Thank you Jesus for healing me . and I receive my healing in Jesus name
amen. Holy Spirit fill me up fill the voids in me continue to use me and set
me free in Jesus name, amen

Prayer against the Spirit of Anger:

I confess anger, feuding, frustration, hatred, murder, punishment, rage,
wrath, resentment and forgive all those who may have influenced me to sin
in this area.

I forgive myself for the pain and the limitations I have allowed the demons
to inflict upon me.

In the name of Jesus, I repent for giving place to any and all demons
associated with the strong hold of ANGER and I renounce and break
agreement with this stronghold and all its associated demons.

I take authority over the strong hold of ANGER and I command all demons in
this stronghold to leave me now based on the finished work of Christ on the
CROSS.

1. You spirit of anger in my life, I bind you with chains of fire in
Jesus name. (Ps. 149.7-9)
2. You spirits associated with anger: abandonment, feuding,
frustration, hatred, murder, punishment, rage, wrath,
resentment, in my life, I bind you with fetters of iron, in Jesus
name.
3. Every door opened in my life by the spirit of anger, be closed
now, in Jesus name.

4. I cover every territory of my life with the Blood of Jesus.
5. Lord, plant the cross in my heart daily, and help me to walk in your ways, in Jesus name.

Replace Demons With The Presence Of The Holy Spirit:

Holy Spirit, I invite you to come and fill the areas of my life where any demon has been with your presence. I ask you to seal these areas of my life and help me be sensitive to You so that I do not open any door that has been closed.

Lord I pray that you would heal any damage these demons may have caused.

I place my faith and trust in your redemptive power. I love you Lord, Amen.

Thank you Father for my deliverance from the spirit of ANGER, in Jesus name. * *Edited in part from Curt Landry Ministries*

*If these prayers have blessed you in your walk to freedom, we would LOVE to hear from you!
'Til next time B+N*