



## Deliverance from Incubus, Succubus, Lust and Perverse Spirits

Many, MANY people struggle in silence due to the shame of the subject matter and the fear of rejection associated with issues of a sexual nature. Pornography, personal gratification, sexual fantasy and ungodly habits connected to sex are awkward to discuss, and the enemy knows it. I read somewhere that one statistic had it as high as 7 out of 10 people struggle with this issue, yet no one seems to be talking about it. Can you imagine the number of unclean spirits attached to people's lives that keep them locked behind walls of shame and fear of judgment, fear of rejection? How can people get delivered if no one talks about it? I want to see some people set free today and let them know YOU ARE NOT ALONE AND YOU'RE NOT CRAZY. As one who had years of first-hand experience with these things, I can tell you without a shadow of a doubt, it's not all folklore, myths and made-up stories. Incubus and succubus spirits are real.

First of all, what are they? An incubus or succubus spirit is a demonic spirit that will come and lie upon someone in order to have sex with a person. It usually occurs at night, but I had it happen when I was awake, too. I could feel something touching me in a very real way, and it wasn't my imagination. A demonic presence was involved.

Wikipedia states, "*An **incubus** (nominal form constructed from the Latin verb, *incubo*, *incubare*, or "to lie upon") is a demon in male form who, according to a number of mythological and legendary traditions, lies upon sleepers, especially women, in order to have sexual intercourse with them. Its female counterpart is the succubus.*"

Many times people have sexually arousing dreams which they chalk up to a dream and nothing more. Or, perhaps they think they imagined something, and they discount it as not being real. Psychologists and other mental health professionals can try to offer even more disturbing explanations, such as forms of mental illness. This is often NOT the case. Though an incubus seems to be drawn more to males, and the succubus to females, the spirit involved can be one and the same. Many attribute this to the spirit Lilith, or Lilu. Their 'children, or offspring," are known by many other names in various languages and countries throughout the world. Their stories have been around for thousands of years, and the Bible does give reference to them.

Lilith is mentioned as a screech owl spirit, (an unclean spirit that brings fear and terror by night) in Isaiah 34:11-15. Variations of scripture sometimes state the word Lilith in place of the screech owl. This spirit that brings fear and terror at night can also bring feelings of sexual pleasure, which can cause very conflicting feelings in the individual. There can be a great deal of guilt over enjoying something that a person feels is wrong,



yet the pleasure part is what the enemy counts on so that people will keep the door open to him. There are many references in the Bible to spirits that will tempt, seduce, entice, and lure people into sin.

These spirits, also known as a mare spirit, have the ability to make a person feel like a heavy weight is sitting on their chest. They may make their victim feel paralyzed and unable to move or speak. They touch a person sexually in very intimate places, rape and have sex with individuals. They can also affect childbearing, fertility/infertility, miscarriage and more. These demonic spirits can reportedly cause childhood trauma, abuse, and infant death. *They can also cause untold marital and relationship problems.* They will destroy marriages.

These spirits can also be known as 'spirit husbands or spirit wives' because they have made themselves 'one' with those they have chosen. They are very jealous for the object of their desire, which could be one way the spirit of jealousy and control also affects people in relationships. They are also able to work through witchcraft spirits in real people that use astral projection to 'visit' people at will and try to have sex with other partners.

It's important to recognize several things at work. First, lust, personal sexual gratification, and fantasy are open doors that the enemy uses to entice people through the enjoyment of sexual arousal and climax. Romance novels, pornography and other graphic things that defile the mind and thought life; things that contribute to the impurity in the eye gate all add to a defiled thought life that is easily led astray by wrong thoughts and fantasies. Our minds act as a big movie screen. What we feed it will play over and over again and lead people into acting on those thoughts and fantasies. That is just a fact. One cannot look at certain things and then have those images just struck from the record, so to speak. It stays in our minds, and it's not innocent. It's not without consequence.

If a person looks at pornography, they will think about it. If people read lusty novels that spark certain imaginations as they read, then they are playing that image in the movie screen of their mind. It's the same with violence or other unsavory things. Sooner or later, the person will want to act on what they put into their thought life and those things become a magnet to the wrong spirits.

Demonic spirits observe us all the time. They know our likes and dislikes, and where we have weaknesses. They know how to use just the right bait to entice a person to open a door to them so that they can really get their hooks into a person. Little by little, as a person partakes of certain things, demons feel comfortable in that person's life. The



person is deceived into thinking that they are acting on their own free will, **but each time they partake of the same sin, they lose their resolve to say no.** The demonic presence grows stronger until the person is so chained to the sin, they cannot break free. Satan is master and they are subject to his will. They need the power of God to free them. They need deliverance. But far too often, when a person enjoys the benefits of their sin, they are not yet ready for deliverance. The demons know it when they have been given permission to stay, and so they will, until the individual cries out in earnest for Jesus to set them free. God knows, too, when a person is still not ready, and He will wait. He will wait until the person is ready to walk in truth and righteousness and values their deliverance.

Psalm 107:13 says: Then they cried to the LORD in their trouble, and he saved them from their distress. **14**He brought them out of darkness, the utter darkness, and broke away their chains. **15**Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind, **16**for he breaks down gates of bronze and cuts through bars of iron.

We know the Holy Spirit wants us to live a pure life because we are told to 'put on the Lord Jesus Christ and not to think about how to satisfy the desires of the flesh,' in Romans 13:14. We are also instructed to 'be holy as the Lord is holy.' When a person enjoys the feelings of masturbation, fantasy or sex outside of marriage, for instance, they become willing partakers of the sin; thereby giving permission to the enemy's legal right to access to the individual.

Second, these spirits often come in through various open doors of abuse (emotional, sexual or physical), molestation, rape, incest or other sexual sins. There can be generational curses that have left an open door to familiar spirits, lust, witchcraft and other things that simply make unwilling individuals recipients of the things demons do to bring defilement and to rob them of their purity. ***Even one sexual partner that has these spirits in their life can transfer them to someone else.*** That makes a great argument for no premarital sex and saving oneself for marriage!

The reality, though, is that there are billions of people on earth that are at the very least curious and interested in pornography, they don't wait for marriage, don't understand this sort of thing, and have opened themselves up to making the enemy quite comfortable to visit them whether or not they think they may have invited him. There are those that have had things happen to them that they didn't ask for or invite, yet they are just as troubled. I've known women who were abused and raped by pimps that were initiating them into the sex trade industry. While this is not true of all people, there are



those that become addicted to that lifestyle and don't want out. They feel tied to the pimps and those that abuse them, and they don't know why. They just keep running back to the lifestyle, or the lifestyle doesn't seem to leave them regardless of whether or not they continue in the industry. It's because of the spiritual ties. So many have lost hope because they feel there is no way out for them. These people are living with the feelings of being dirty, defiled, guilty, angry, afraid, and ashamed and don't know what to do about it.

The third thing we need to realize is that these demonic spirits have made slaves of those they have under their control. It's not necessarily a matter of willpower as to whether or not a person can control things such as masturbation and sexual fantasy. I have known people that had no control because they are a slave to sin.

I don't remember how old I was, perhaps around middle school age, when I saw a movie on TV that involved a paranormal spirit raping a woman in her sleep. I was struck with both fear and fascination, and it seemed to be a door the enemy used to gain even more access to my life. It wasn't long after seeing that movie that I began to have demonic nighttime visitations. Never think, "Oh, it's just a movie. It isn't real. There's no harm in it." Not everything comes without injury to your spirit, mind and emotions. You need to guard yourself and your children from watching certain things, because the enemy is always looking for a way in. Many people are promiscuous because they feel powerful when they have sex. Afterwards they feel unclean and guilty. The more unclean and guilty, the more they look for validation - through sex. They think it was the avenue to be shown love. What they really desire is love and acceptance. Wrong thinking will keep a person trapped! Lust will produce an insatiable appetite for sex and other perverse things because as the scripture says, "Lust is never satisfied."

The saddest part of it is that they're terribly lonely, feel rejected and abandoned and desperately seeking love, but in all the wrong places. They somehow attract all the wrong people, people that abuse and mistreat, because they become a magnet for others with demons attached to their lives.

***Darkness attracts more darkness, and unclean spirits are attracted to one another.*** Satan is the master and as such, he overpowers them. When a person is under the dominion of another master, they are subject to the will of that master. Is. 26:13 says, "O LORD our God, other masters besides You have ruled us..." There is no deliverance except through the name and authority of Jesus Christ.



When incubus and succubus spirits or other perverse spirits are in a person's life, they assume the role of husband or wife. ***They become a covenant partner which must be renounced and DIVORCED.*** They will defile even a Christian marriage through ungodly, impure fantasy and other things, because **a demonic spirit of any kind will never be satisfied with something pure or godly. It will come to despise it, because Satan despises God's order.** Read that again!

Any demonic spirit will resist and seek ways to defile what God intends to be pure. A perverse spirit is intertwined in this also. One of the key things that Satan takes advantage of is the secrecy involved in these sorts of sins. He will help a person rationalize things in order to keep those secrets tucked away in the darkness, and that is where he hides. That is where he manipulates a person's thoughts. Secrecy is where the enemy seeks to unravel the covenant of honesty, the covenant of trust, and the covenant between a husband and wife. It is also how he puts a wedge between the believer and God.

**Anytime we try to protect or preserve an area of our heart and life that is not submitted to God, it places us in relationship with the enemy.** This can be seen in the spirit realm as making a covenant with darkness and can be thought of as a form of spiritual adultery. We can only be loyal to one, and we must choose where we place our loyalties. If the enemy is working on helping people keep a secret, then he is working on lies, because self-deception and lies told to others are what defends the stronghold and the behavior, he wants us to protect and hold on to. When the enemy looks for an inroad, he is looking for ways to produce a domino effect. All he needs is to set off one that will trigger a chain reaction and cause much more trouble and heartache. When the covenant of trust and respect are undermined, the foundation of that relationship is destroyed and it's very difficult to get that back.

Even as Christians, my husband and I both suffered and struggled with a variety of these ungodly spirits. We did not know who to turn to, to get free. I had lived with these demonic spirits all my life. I did not know where the door came open, they just always seemed to be there. I remember being a very small child and sensing unclean things in my life. There was always a sense of being watched and some invisible presence around me. They were familiar spirits, but I did not know that then. Fear was huge in my life, as was insecurity. I also had an unnatural attraction to the supernatural and occult. Lust had been with me since I was very young.

When I got saved, those things didn't automatically leave, even though I tried very hard to fill my life with good, godly things. Nothing I tried worked. Even as a very committed



Christian, I still suffered with nighttime visitations from demonic visitors. I was still addicted to the same things that had been a part of my life when I was young. And there was no one to turn to, no one that I felt would understand. The church made it seem as if willpower was all that was needed in order to live free, with an attitude of just don't do certain things or engage in certain behaviors and you'll be fine, but that was not all there was to it.

I needed deliverance, but the people I was surrounded with did not have the answers. The fear of rejection and being judged by others in the church was too great, and for many people, it still is. I could not bring myself to ask about such an uncomfortable subject. Unbeknownst to me, the man that later became my husband had some of those same things working in his own life. He too, felt the same way about fear of being judged. He felt there was no one he could trust. At the time, he was a pastor.

Ministers fear rejection and judgment from their peers just like anyone else, probably more so, because they are standing in front of others as an example. There were things in his life that had opened doors to the wrong spirits gaining entrance. We both had things we didn't necessarily ask for, but regardless once we had the wrong spirits operating in our lives, we found ourselves in bondage. Those open doors caused both of us to experience some tremendous disappointments and failures. I would not wish them on anyone.

Far too often, all that people hear is a message telling them all the things not to do. Honestly, most of them already know that. The problem is, they've got issues already and don't know who has the answers to set them free so that they can walk in righteousness. We cannot help anyone if we are busy judging them.

All people tend to see is the sin, but since they can't see the demons controlling others, they tend to judge the sin and reject the person. God still loves us all, regardless. It makes Him sad when people live in bondage, and He longs to give us the answers we need. People fear the rejection of talking openly about this subject, and fear of judgment keeps people trapped. The reality though, is that the enemy will use that to undermine a person's success and lay a trap for them so that they end up being judged anyway. Pride will make a person fall because it will keep a person from asking for help. Better to face your fears from someone that is equipped to help you than allow Satan to drag you through greater shame and failure later on. The enemy will *wait*, until you are on the brink of a tremendous breakthrough and then he will strike. You don't want that. I am transparent here, because I can't help anyone if I'm not willing to share from the heart. My husband and I do understand your struggles. It can feel very unfair indeed to have to



take responsibility for things that were done to us because of someone else opening a door to the enemy, or things inflicted upon us. I know the bitterness that can result, but I must tell you that bitterness opens a big door to much more trouble than you want. Regardless of how the enemy gained access to your life, I urge you to do what YOU NEED to in order to gain your freedom. You must take responsibility for all the junk that is in your life!

More of a side note here: A perverse spirit turns things upside down. What is bad, seems good. What is pure and right, is considered undesirable, void of any satisfaction, or insufficient. It doesn't always have to take on the idea of being bad, just undesirable, therefore it is rejected in favor of something else. In order to turn a person to reject God's natural order, *His ordained order* of things, the stage must first be set for a person to become disappointed or dissatisfied with what is His choice and His will. Disappointment turns to bitterness. Then, a rejection and abandonment of godly morals and conduct so that a godless and rebellious lifestyle can be embraced.

Now stop to think about all that has been written here up to now. It is said that incubus and succubus spirits are the same spirit, but able to switch between male or female, so they have bisexual abilities and possess the power to influence others in a similar fashion. It is easy to see how these demonic spirits can cause gender identity issues, sexual orientation issues, and a root cause of homosexuality.

Familiar spirits can be a part of someone's life all their life if they are born into generational sin and iniquitous patterns. That is why people can swear up and down they were 'born gay' when in fact it is actually caused by demonic spirits. There are simply familiar spirits that remain in families to reproduce certain sins and lifestyles. It may skip a generation or two, then reappear, which is why it can sometimes not be considered as a generational curse. Also, in households where the female is controlling, abusive and male leadership is greatly lacking or subdued by a dominant female, there will be greater instances of children turning to the gay or perverse lifestyle. Why? Because the order is upside down. It's reversed.

God has chosen the male authority to be dominant over the family unit, not the female. God has chosen the male authority to represent Christ to the family. The male authority is designed by God to protect, cover, instruct, and discipline the household in righteous ways so that good fruit and godly offspring are the result of a divinely ordered union between a man and a woman. THIS IS GOD'S ORDER.



The incubus and succubus spirits can work in those situations where the authority is backwards, missing or dysfunctional because they are rooted in rebellion and of a perverse origin. Friend, it is not love to allow you to fool yourself into thinking anyone can sin with impunity. You must know the truth because you are held accountable to it. There is a holy, loving God that has made a provision for your sin, and that is the blood sacrifice of Jesus Christ. All you have to do is accept His provision! Trying to deny or avoid truth does not lessen the penalties for breaking God's laws.

1 Corinthians 6:9 says, **Or do you not know that the unrighteous will not inherit the kingdom of God?** Do not be deceived; neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor homosexuals, [10](#) nor thieves, nor the covetous, nor drunkards, nor revilers, nor swindlers, will inherit the kingdom of God....

Galatians 5:20,21: "...idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, [21](#) envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that **those who practice such things will not inherit the kingdom of God.**

**You must be saved and walk in the truth that you know, for the truth that you know is how you are one day judged by the Judge of heaven and earth.**

## GETTING DELIVERED

The spirits that cause perverse actions in others are predator spirits. Lust, incubus, succubus and other perverse spirits are the cause of many sins and much shame and fear as well. When I use the term 'molestation,' it can be by a demonic spirit alone, or using someone else as it's host in order to inflict harm. Either way, an evil spirit is involved. It just doesn't always have a host body. If you read the article mentioned above, you will have greater understanding. Regardless of whether a person is the perpetrator or the victim, they need healing and deliverance. Today we deal with deep shame, inferiority, insecurity, fear and identity issues that have resulted from lust, pornography, sex outside of marriage, and a whole host of other things, including sexual molestation, abuse, and sins perpetrated by sexual predators. The amount of people that deal with this issue is staggering and many do not feel comfortable asking for prayer on this subject. You can be set free. Bring it to Jesus and let Him heal you. Today is a day for a fresh start!

Father God,

I need a Savior, a Deliverer. Lord Jesus, I believe you paid the price for my sin *and shame* when you went to the cross on my behalf. I do not have to bear the weight of it any longer.





Jesus, I pray that Your blood would wash over my mind, my body and my spirit and make me clean. Renew in me a pure thought life. I come to you to ask you for healing from lust, perverse spirits and demonic attachments of incubus and succubus spirits.

I take responsibility for the things I've done, the things I've allowed, and even things that have been done to me against my will.

Right now I forgive \_\_\_\_\_ (speak the names of those that have sinned against you) so that I can also have my own sins forgiven, and I ask You to empower me to do so.

As a matter of my will, I choose to forgive them and ask that You, Father, give me grace and strength to not take this offense back into my heart.

I ask that You heal those that have perpetrated sins against me and set us free from the perversity and sin that has had us bound.

Lord Jesus, I give myself to You and ask that You forgive my sin.

Please forgive the sin of my family and ancestors.

Forgive all the ways that we all rejected You and rebelled against your ways and exerted our independence from You.

Forgive idolatry, witchcraft, involvement with the occult, shedding innocent blood, broken vows and covenants. Forgive the many things we have done to deny Your Lordship. Let Your blood cover our sins, I pray.

Be Lord of my life. I take You as my Savior, Master, Husband, Friend, and Lord. I will not have any other gods besides You. I make a covenant with You, Jesus. Help me to be faithful to You. Thank you, Father, for accepting me and adopting me into the kingdom of God.

Satan, you **are not** my husband or my master.

I **renounce** you. **I divorce you.** I want nothing to do with you ever again. I reject your seed and your lies.

I reject, refuse, renounce and **divorce** all unclean demonic spirits of perversity including

- incubus,
- mare and succubus spirits,
- spirits of lust,
- pornography,
- pedophilia,
- voyeurism,



- domination,
- brutality,
- homosexuality,
- confusion,
- gender confusion,
- astral projection and spirit travel,
- mischievous and trouble-making spirits,
- spirits of double-mindedness,
- unbelief,
- anger,
- rage,
- bitterness,
- unforgiveness,
- witchcraft,
- lust,
- idolatry,
- hardheartedness,
- accusation,
- familiar and familial spirits,
- pride,
- rebellion,
- death.

I renounce the spirit of Pan, the god of sexual stimulation.

I renounce the Queen of the Coast and all marine spirits.

I renounce all generational spirits of molestation, rape, sodomy, unclean spirits, incest and abuse.

I renounce and divorce Lilu and Lilith, and all the offspring that comes from Satan and his demons.

If there is anything of Satan's seed implanted within me, I command it to shrivel and die immediately in the name and authority of Jesus Christ.

I repent for any ways that I have knowingly or unknowingly come into agreement with these spirits, and I humbly submit myself to the Lord Jesus Christ and the authority of His Holy Spirit.

I submit to You, O God, and I resist the enemy, commanding him to flee from me and take everything he has put on me, everything he has brought into my life, and every seed that he has implanted into my belief system.

I reject every seed of Satan I command them to die immediately, in Jesus name.

I curse Satan's seed and declare, "YOU WILL BEAR NO MORE FRUIT EVER AGAIN," by the name and authority of Jesus Christ. His blood covers these sins and I command these doors to be shut, never to open again.



Let every cord of sin, shame, fear, witchcraft, and soul ties from ungodly sources be severed now, in Jesus name.

I renounce the soul ties to former lovers, spouses, and others that may be tied to me in the spirit. Let any fragments of their souls return to them and let any scattered and fragmented parts of my soul return to me, in Jesus name.

Let all those that would practice astral projection, spirit travel, witchcraft or other occult practices against me find the door closed. Let there be blindness into this evil eye now. I bind and forbid the entrance or demonic spirits into my life in Jesus name, according to your promise in Matthew 18:18. What is bound on earth has already been bound in heaven.

I loose myself from all shame, resentment, fear, insecurity and feelings of inferiority that have come upon me as a result of sexual molestation and other sins against my body - both those that were done without my consent, and those that I may have participated in - willingly or unwillingly.

I reject and refuse all perverse spirits, lying spirits, familiar spirits, incubus and succubus spirits, mare spirits, Lilith and Lilo spirits, and Lust. I command them to go now back to the abyss in Jesus name.

I bind the screech owl that brings terror by night and forbid it to enter my life, that of my family or my home, in the name and authority of Jesus Christ.

I submit to You, O God, and I resist the enemy, commanding him to flee from me and take everything he has put on me, everything he has brought into my life, and every seed that he has implanted into my belief system and go now.

I command all evil trees, ungodly seeds and demonic roots to come out, shrivel and die immediately, in Jesus name.

Let all evil trees be pulled up by the roots out of my life now in Jesus name.

I command every spirit that does not worship Jesus Christ; every spirit that does not confess Jesus Christ has come in the flesh, and any spirit that does not declare Jesus Christ as Master to leave me and my household at once, in the name of Jesus.

I receive by faith the healing for my mind, my emotions, my body and spirit.

I receive by faith the mind of Christ, and I choose this day to pull up the root of bitterness and replace it with the love of God.



I ask You Lord to plant forgiveness, purity, obedience, peace, joy and love in place of bitterness.

Fill me with Your Holy Spirit and let the spirit of adoption be poured out into my heart in Jesus name. Let your love and acceptance captivate my heart, O God.

I receive by faith healing for my emotions, belief system, and perspective towards God, myself and others.

I declare: "Because the Great I AM lives within me, I become what YOU are, O God. Because the living word of God dwells within me; You are transforming me, renewing my mind, to become the living word, as Your truth is lived out in me. You are transforming me to become the anointed of God. I am not a victim, I am victorious. I do not fear, the enemy is fearful of me. I declare that no weapon formed against me shall prosper, and every tongue that rises up against me is refuted according to Your word in Isaiah 54:17. I walk in the fullness of God, in Jesus name.

I thank you, Lord Jesus, for being my healer, restorer, redeemer and protector.

I thank you for replacing every lie in my belief system with the truth that will set me free. Thank You, Holy Spirit for releasing revelation as to my true identity in Christ. Show me how You see me. Show me if I have believed lies about my true identity. I thank You for establishing and settling me in faith and truth, in Jesus name.

Help me, Lord Jesus, to identify and break free from any relationships that are unhealthy and undesirable in Your eyes.

Help me to honor Your word, Your will and Your wishes.

You know my weaknesses; I pray for strength to overcome them. For those things that You know I cannot or will not be able to overcome in my own strength, I pray that You would take them out of my hand and let it be done according to Your will for my life and for the benefit of Your will carried out in the lives of others, too. Lord, replace those relationships with better ones that will strengthen me in my walk with you, and fill the void for love, relationship and friendship.

Father God, I thank You for overcoming victory. Please fill me with Your Holy Spirit and empower me to live for You. Help me to live a life that honors You and brings You glory. In Jesus name, Amen.

Edited slightly from Laura Gagnon- <https://xpectamiracle.blogspot.com/>