



## Prayer for Healing from Auto Immune Disorders

Father God,

I bring myself to You and place myself at the throne of Grace. I thank you that my sins are forgiven and You are always available to help me. I ask You for Your healing touch on my mind, emotions, memories, and my physical body. Lord, I do not know the cause of all the physical symptoms I have experienced, but You do. I believe You can help me Lord Jesus. I thank You that You know everything about me and can guide me through my healing. I ask for wisdom from your Holy Spirit to help me correctly diagnose the root of these issues. Lead me to the answers that will release my healing.

Lord, I bring my heart issues to you first, and I ask to be healed from any and all emotional wounds that would keep my heart blocked from giving and receiving love.

I ask you to dissolve any root of bitterness that came as a result of hurt, offense, grief, rejection and disappointment.

Guide me through my emotional healing and help me to be aware of the love that you have already placed in my life.

Help me to trust that love and release any walls of self-preservation I have enacted to protect myself.

Let sensitivity return and let me not see it as a sign of weakness or something to be feared. Let me see it as a part of experiencing life.

Help me to love myself and see myself as You see me. I open the door of my heart to You.

I ask for revelation of You as my Father, and that Your great love would dispel all spirits of fear, anxiety, abandonment, hopelessness, disillusionment, self-pity, cold love and rebellion.

I loose myself now from all of these including unloving and critical spirits.

I loose myself from spirits of fear, accusation, anger and rejection. I submit to you Jesus and resist these spirits.

In the name of Jesus and by the power of Your blood I bind every evil spirit and forbid them from operating against me.

I command every unclean, evil spirit to go from me now and never return. I command every assignment of the enemy to be cancelled and unraveled and the assignment from the Lord to be released into my life.

By faith, I receive healing from Your Holy Spirit to my mind, emotions, and memories.

Forgive me, Lord, for rejecting myself and what You have said about me. You are not a liar.



I choose to accept myself, and I reject the lies that the enemy has told me. I thank You for the love that heals and restores every part of me. I thank You that I have great peace and my composure is undisturbed because I put my trust in You.

I speak now to my physical body. I command all swelling and abnormal pressure on nerves on my spine, in my arms, legs, hands and feet to be released.

I speak healing into every nerve that may have suffered injury from accidents, compression, drugs, alcohol, lead, radiation, seafood toxins, insect and spider bites.

I speak to my arteries, and wherever there is constriction, let there be normal blood flow. Let all pressure on peripheral nerves from enlarged blood vessels, scar tissue or infection be released now in Jesus name.

Let all chemical balances of potassium, calcium, sodium, vitamins and other body chemistry be in proper and normal balances.

Let any abnormal accumulation of chemical or medication toxins be supernaturally removed from my body now, in Jesus name.

I command healing and restoration to the myelin sheath around my spinal cord.

Let all viruses and gene defects be healed now, in Jesus name.

I command any and all symptoms of MS and other diseases to be eradicated from my body.

I command my body's immune system to be strengthened and the immune cells to stop attacking my nervous system, including my brain, optic nerves and spinal cord in Jesus name. Send Your healing to every ulcer and lesion on the myelin sheath of my spinal cord and let it be completely healed and restored.

I thank You, Lord Jesus, that by Your stripes I am healed. I thank You for your promises in Psalm 103 that tells me You forgave all my sin and healed my disease.

I believe in You O God and in Your word! You said in Psalm 91 that no plague would come near me. I thank You that I do not have to fear.

I place myself under the shelter of Your wings.

You are my refuge and I thank You that no harm shall come to me.

Thank You Father for Your love. Thank You Jesus for delivering me from the things that want to destroy my health.

Thank you, Lord, for releasing Your healing in me. In Jesus name, Amen